

The Red Cow Allestree

Starters / Nibbles

Wild garlic mushrooms in a creamy white wine and fresh spinach sauce, topped with melted parmesan

and served on toasted ciabatta with truffle oil. £7.45 **2,7**, **Can be GF**

Chefs homemade soup of the day, served with warm bread roll and whipped butter £6.45 **2,7**

Spicy Crab cake, served with mango salsa, bloomer bread and whipped butter. £6.95 **2,3,4**

Smoked salmon and avocado with fresh rocket and gremolata with brown bread and whipped butter.

£6.95 **2,5,7**

Sharing boards

The Red Cow Fish board: Battered cod goujons, spicy crab cake, smoked salmon, Whitby scampi, prawns in Marie rose sauce, bloomer bread & dairy butter, paprika mayo and homemade tartare sauce. **For one**

£14.95 **To share** £24.95 **2,3,4,5,7,9**

Homemade Nachos: Served with jalapenos, fresh chillies, nacho cheese, tomato salsa, guacamole and sour cream **for one** £7.45 **or to share** £11.95 **2,4,7,14**

Traditional Favourites/ Mains

Beer battered fillet of cod, chunky chips, mushy peas, tartare sauce and lemon wedge £15.95

Small portion £8.95 Allergens **2,5, 9, 14** **Can be GF**

Steak & Red Cow Ale pie, chunky chips **or** creamy mashed potato, seasonal veg and gravy £14.95 **1, 2, 7,14**

Lambs' liver & crispy bacon, creamy mash & roasted red onion gravy £13.95 **7 GF**

Homemade Beef lasagne served with garlic focaccia £15.95 **2,4,7**

Trio of Lincolnshire sausages, served with champ mash and roasted red onion gravy and buttered peas

£14.45. **7 GF**

Grilled Scottish salmon fillet with garlic mushroom salad, herb buttered new potatoes and honey

mustard dressing £16.95 **5,7,9 GF**

Grilled Halloumi Salad with crispy onions, sweet potato fries, Sriracha mayo dip and mint yogurt £13.95

2,4,7,9,13

Sandwiches/ Salads

Open steak sandwich. Pan fried Owen Taylors rump steak in a creamy red wine and peppercorn sauce on chargrilled bloomer bread, served medium rare with house fries. £13.45 **2,7,14**

Posh fish finger sandwich. Battered cod goujons with homemade tartare sauce on bloomer bread, served with French fries £12.95 **2,4,5,9**

Greek salad: red onions, cucumbers, cherry tomatoes, fresh olives and feta cheese with Greek salad dressing, dipping bread and balsamic dip. £10.95 **2,7** **Add salmon fillet £3.45**

Chefs spicy crispy chicken Caesar salad with crisp lettuce, anchovies, pancetta, croutons and classic Caesar dressing £13.95 **2,4,5,7**

Chargrilled Burgers

The Red Cow Beef Burger. Cheese and bacon, burger sauce, melting cheese sauce, crispy onions £14.95 **2,4,7,9,13** **Can be GF. Double stack for £2.95 extra**

The Holy Cow Beef Burger. Firecracker cheese and bacon burger, red pepper sauce, jalapenos, fresh chillies and crispy onions. £15.95 **2,4,7,9** **Can be GF. Double stack for £2.95 extra**

Southern Fried Chicken Burger. With roasted garlic mayonnaise £15.95 **2,4,9**

All served with lettuce, tomato, battered onion rings, corn cob and coleslaw in a toasted ciabatta with house fries. Upgrade to salt & pepper chips £1.25

Red Cow pan cooked steaks from Owen Taylor

Choose from 100z Rump £22.45 or 80z Rib Eye £23.95

All served with chunky chips, confit mushroom, cherry vine tomato, beer battered onion rings and garden peas **2** **Can be GF. Add steak sauce. Peppercorn 7, blue cheese 7 or Diane sauce 7,9 for £2.95**

Sides and extras

Seasoned fries £3.45 Chunky chips £3.45 House salad £4.45 **9** Salt and pepper chips £4.45

Beer battered Onion rings £4.45 **2** **Can be GF** Sweet Potato fries £4.75 **GF**

Paprika Halloumi fritters with sweet chilli sauce £4.95 **2,7,11,14** **Can be GF**

The Pizza Oven at The Red Cow

THE MARGHERITA, Tomato sauce, fresh tomatoes, fresh basil, fresh mozzarella £10.95 2,7

THE SPICY MEAT FEAST Spicy Italian salami, pepperoni, prosciutto, spicy chicken with buffalo sauce and fresh chillies, tomato sauce and fresh mozzarella £14.95 2,7

THE SICILIAN. Anchovies, red onions, fresh tomatoes, Italian herbs, spicy tomato sauce, fresh mozzarella and shaved parmesan £11.45 2,5,7

THE BBQ CHICKEN. Grilled chicken, red onions, prosciutto, toasted peppers, tomato sauce, fresh mozzarella and smoked smoky BBQ sauce £13.95 2,7,9

THE PEPPERONI. With tomato sauce and fresh mozzarella £11.45 2,7

THE HAWAIIAN. Prosciutto, ham, fresh pineapple, tomato sauce and fresh mozzarella £11.75 2,7

THE VEGETARIAN Mozzarella, fresh peppers, olives, cherry tomato, red onion, field mushroom, tomato sauce and balsamic £11.95 with Vegan cheese £12.45 2,7,14

Most of our pizzas can be Gluten Free with a £2.00 surcharge

Allergens Key: 1-celery. 2-cereals, 3-crustaceans. 4-eggs. 5-fish. 6-lupin .7-dairy. 8-mollucus. 9-mustard.

10-nuts. 11-peanuts. 12 sesame seeds. 13-soya. 14-sulphur dioxide.

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES OR INTOLERANCES BEFORE PLACING YOUR ORDER. GF= Gluten Free option. All our food is prepared fresh to order in a kitchen where allergens are present, whilst every effort is made to prevent cross contamination, we cannot guarantee that products are 100% allergen free. During busy times there may be a slight delay so please understand and be patient with us.