

The Red cow Menu

Nibbles

Marinated olives, home made bread, balsamic and olive oil £7.75

(2,14) (GF)

Roasted garlic and herb pizza bread £7.50 Add mozzarella £1.50

(2,7)

Mini pork sausage rolls, smoked bacon and apple jam £6.95

(2,4,7,14)

Sharing board

Slow cooked BBQ beef brisket, southern fried chicken strips, beer

battered fish goujons, prawn cocktail, home made bread, Cajun

spiced mayo and BBQ sauce £15.50 (2,3,4,5,9,13,14)

To Start

Slow roasted pulled beef brisket, red Leicester cheese sauce, ciabatta

bread, crispy onions, pickled gherkin, coriander oil £7.95

(2,7,9,14) (GF)

Southern fried chicken strips, Cajun spiced mayo, purple slaw

£6.50 (1,2,4,7,9,13)

Sauteed garlic wild mushrooms, sourdough bread, poached free

range egg, truffle and parmesan cheese sauce, basil oil £7.75

(2,4,7) (GF)

King prawn cocktail, tomato and red pepper salsa, little gem
lettuce, Marie Rose sauce, homemade bread £7.50 (2,3,4,7,9) (GF)

Home made soup of the day, toasted bread and dairy butter £6.50

Please ask for allergens in this dish

MAIN COURSES

Beer battered fish, minted mushy peas, chunky chips, home made tartare sauce £15.95 Small portion £9.15 (2,4,5,9,14) (GF)

Home made individual pie of the day, creamy mashed potato or chunky chips, seasonal vegetables and gravy £14.95 (2,4,7,14)

Oven baked salmon fillet, cheddar cheese herb crumb, parsley mashed potato, charred tenderstem broccoli, sauteed cabbage and peas. Lemon butter sauce and herb oil £16.95 (2,5,7) (GF)

Homemade beef lasagne, garlic and rosemary focaccia, dressed salad £15.95 (1,2,7,14)

The Red Cow slow cooked beer and honey pulled beef brisket, skinny fries, beer battered onion rings, mini-Mac & Cheese, Tenderstem broccoli, corn on the cob, bone marrow beef jus £18.20 (2,7,9,14)

Butter chicken curry, tomato and coconut curry sauce, rice, mango chutney and poppadom £15.60 (1,2,7,9,14)

Sweet potato, red lentil, chickpea, spinach & coconut curry, rice, mango chutney and poppadom £14.95 (1,2,9,14)

SIDES

Creamy Mash £3.50 (7) Battered Onion rings £4.50 (2) Chunky Chips £4.00, House Fries £4.00, House Salad £4.50, Salt & Pepper Chips £4.60

Allergens Key: 1-celery. 2-cereals, 3-crustaceans. 4-eggs. 5-fish. 6-lupin. 7-dairy. 8-molluscus. 9-mustard. 10-nuts. 11-peanuts. 12 sesame seeds. 13-soya. 14-sulphur dioxide.

Burgers and Steaks

All our burgers are served with beer battered onion rings, little gem lettuce, tomato, mayo and purple slaw in a ciabatta bun with our house fries

Southern fried chicken burger, Monterey Jack cheese, smoked bacon, crispy onions £15.95 (1,2,4,7,9,14)

**Add pulled BBQ Beef brisket £2.50 (1,9)

Chargrilled Red Cow beef burger, Monterey Jack cheese, smoked bacon, crispy onions £15.95 (2,4,7,9,14) (GF)

**Add pulled BBQ Beef brisket £2.50 (1,9)

Grilled halloumi and red pepper burger, sweet chilli mayo, roasted red onions £14.95 (2,4,7,9,14) (GF)

Chargrilled gammon steak, free range fried eggs, chunky chips, garden peas £14.65 **Add pineapple £1.50 (4,14) (GF)

Chargrilled 8oz rump steak, oven baked flat mushroom and cherry vine tomatoes, battered onion ring, chunky chips, garden peas £22.95 (2) (GF)

**Add Pepper sauce or Blue cheese sauce £2.95 (7,14)

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES OR INTOLERANCES BEFORE PLACING YOUR ORDER.

The Pizza Oven at The Red Cow

THE MARGHERITA, Tomato sauce, fresh tomatoes, fresh basil, fresh mozzarella £9.95 2,7

THE SPICY MEAT FEAST Spicy Italian salami, pepperoni, prosciutto, spicy chicken with buffalo sauce and fresh chillies, tomato sauce and fresh mozzarella £12.95 2,7

THE BBQ CHICKEN. Grilled chicken, red onions, prosciutto, toasted peppers, tomato sauce, fresh mozzarella and smoked smoky BBQ sauce £12.15 2,7,9

THE PEPPERONI. With tomato sauce and fresh mozzarella £10.95 2,7

THE HAWAIIAN. Prosciutto, ham, fresh pineapple, tomato sauce and fresh mozzarella £11.45 2,7

THE PULLED BEEF. red onion, pulled beef, fresh chillies, roasted peppers, cherry tomatoes, mozzarella, Cajun spiced BBQ sauce £13.50 (1,2,7,9,14)

THE VEGETARIAN Mozzarella, fresh peppers, olives, cherry tomato, red onion, field mushroom, tomato sauce and balsamic £11.95 with vegan cheese £12.95 2,7,14

Most of our pizzas can be Gluten Free with a £2.25 surcharge

GF= Gluten Free option. All our food is prepared fresh to order in a kitchen where allergens are present, whilst every effort is made to prevent cross contamination, we cannot guarantee that products are 100% allergen free. During busy times there may be a slight delay so please understand and be patient with us.

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